117 Competitive initial adhesion between Lactobacillus spp. and Gardnerella vaginalis strains against vaginal epithelium

Castro J¹, Machado A^{1,2}, Henriques A¹, Henriques M¹, Jefferson K², Cerca N^{1*}

¹IBB - Institute for Biotechnology and Bioengineering, Centre of Biological Engineering, University of Minho, Campus de Gualtar 4710-057, Braga, Portugal; ²Department of Microbiology and Immunology, PO Box 980678, Virginia Commonwealth University, Richmond, VA 23928, USA. Corresponding author: nunocerca@ceb.uminho.pt

Bacterial vaginosis (BV) is a common disorder in women of reproductive age. BV is characterized by the replacement of vaginal lactobacilli, such as Lactobacillus crispatus, by predominantly anaerobic microorganisms However, Lactobacillus iners is frequently found in the BV. Gardnerella vaginalis, commonly associated with BV. can also be present in 50-95% of BV patients and in 20-30% of healthy women. The capacity of G. vaginalis to form biofilms on the vaginal epithelium has recently been demonstrated. Our goal was to study the colonization of endogenous vaginal microflora from Lactobacillus spp. and G. vaginalis 5-1 (isolated from a healthy woman) and G. vaginalis 101 (isolated from a BV patient), at different initial concentrations and consequently to analyze the competition and interaction during the primary step of biofilm formation: initial adhesion. ME-180 and HeLa epithelial cell monolayers were challenged with the two G. vaginalis strains with different adhesion conditions. For the competition assays, cultures of Lactobacillus casei, Lactobacillus crispatus or Lactobacillus iners were mixed G. vaginalis strains at different concentrations and allowed to adhere to the two cell lines for 30 minutes. To analyse interference of lactobacilli in G. vaginalis initial adhesion, different lactobacilli concentrations were allowed to adhere to the cell monolayer for 4 hours and then G. vaginalis strains at different concentrations were added and allowed to adhere for 30 minutes. These adhesion times were previously optimized. All adhesion assays were quantified by fluorescence microscopy, using DAPI for total cell count and PNA-FISH probe for G. vaginalis quantification. Our results showed that G. vaginalis 101 (pathogenic strain) had a greater adhesion capacity than G. vaginalis 5-1 in all cases tested. Also, L. casei was the least adherent of the all lactobacilli used in this study. L. casei was included in this study as a non-sense control, since this lactobacilli strain is not a common colonizer of the vagina epithelium. L. crispatus showed decreased adherence to epithelial cells in the presence of G. vaginalis 101. In contrast, adherence of L. iners did not decrease in presence of G. vaginalis 101. Our study suggests that adherence of the G. vaginalis to epithelial cells is a critical step during the stage of vaginal colonization. It was found that adherence of Lactobacillus spp to epithelial cells was influenced by a specific G. vaginalis strains. These studies help to provide insight into the clinical situation in which indigenous vaginal lactobacilli can interfere with G. vaginalis presence.

References: This work was supported by European Union funds (FEDER/COMPETE) and by national funds (FCT) under the project with reference FCOMP-01-0124-FEDER-008991 (PTDC/BIA-MIC/098228/2008).

Keywords: adhesion interference, adhesion competition, lactobacilli.