

Fate of aflatoxin M₁ in cheese whey processing

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Abstract: Aflatoxin M₁ (AFM₁) is an important mycotoxin frequently found in milk and in dairy products. It is a minor metabolic product of *Aspergillus flavus* and *A parasiticus*. However, it occurs in dairy products as a metabolite formed in cows from aflatoxin B₁ contained in animal feeds. In cheese production, AFM₁ distributes between curd and whey, being present in products derived from cheese whey processing. In this study, cheese whey from dairy processing was artificially contaminated with the mycotoxin at about 0.1 µg l⁻¹. Ultra-filtration experiments of whey were carried out in order to determinate AFM₁ distribution between retentate (protein-rich fraction) and permeate (lactose-rich fraction). Recoveries of AFM₁ in retentate were 72.6–86.4% while, in permeate, recoveries were in the range 2.4–14.7%. Partition coefficients of AFM₁, lactose and protein were calculated to determine whether there was an interaction between AFM₁ and protein. In all experiments, AFM₁ partition coefficient was lower than 1, whilst for lactose coefficients close to 1 were determined, showing an affinity of aflatoxin M₁ to the protein-rich fraction (retentate).

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INTRODUCTION

Aflatoxins are a group of naturally occurring toxins which are secondary metabolites of some *Aspergillus* spp. Aflatoxin M₁ (AFM₁) is a very important toxin in milk and dairy products and is a minor metabolic product of *Aspergillus flavus* and *A parasiticus*.¹ However, it apparently occurs mainly in dairy products as a transformation product of cows of the aflatoxin B₁ contained in animal feeds. Thus, AFM₁ represents a potential hazard to humans via consumption of milk and milk products.² AFM₁ is less mutagenic³ and carcinogenic⁴ than AFB₁ but it exhibits high genotoxic activity.^{5,6} The maximum admissible level of this mycotoxin in raw milk, heat-treated milk and milk for manufacture of milk-based products⁷ range from 0.05 µg kg⁻¹, in the EU, to 0.5 µg kg⁻¹, in the USA.

In cheese processing, two products are derived from milk: cheese and cheese whey: cheese (curd) represents about 10% of the initial mass of milk, the remaining being cheese whey. According to the review of Galvano *et al.*,² several studies on the partitioning of AFM₁ during cheese manufacture report a wide range of distribution of AFM₁ between whey and curd. Some authors observed that 50–100% of the AFM₁ was in whey. In contrast, others report that most of AFM₁ was in curd (66–100%). These authors refer as possible explanations (1) differences in the methodology for AFM₁ determination, (2) type and degree of milk contamination, (3) differences in the expression of results, or (4) differences in the cheese manufacture process. In addition, Applebaum *et al*

(cited by Bakirci⁸) report that, since AFM₁ is a semi-polar component, it has less affinity to serum protein, this being the reason for the lower levels of AFM₁ found in cheese whey than in the original milk used for cheese manufacturing.

Whey is an important by-product from the cheese manufacturing industry. Disposal of liquid whey is costly due to its high biochemical oxygen demand (BOD) content. Utilization of whey protein products is dependent upon increasing the solids content and reducing the ratio of lactose to protein. Ultra-filtration is used to simultaneously fractionate, purify, and concentrate liquid whey for whey protein powder (WPC), which may be accomplished by single or multiple stage continuous processes.⁹ Ultra-filtration membranes used for whey protein concentration normally have a molecular weight cut-off in the range 10–50 kDa and readily pass lactose and minerals, but reject proteins and residual milkfat.⁹ Since whey proteins have a number of useful nutritional and functional properties, WPC can be used in a wide range of commercial products, such as food additives, or may be fractionated into individual whey proteins.⁹ All these products may contribute for AFM₁ intake.

The aim of this work was to study the distribution of aflatoxin M₁ through the retentate and permeate when whey ultra-filtration is carried out. The ultra-filtration permeate contains mainly low molecular weight constituents, such as lactose, acids and ash, and the retentate contains mainly proteins.

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EXPERIMENTAL

Cheese whey powder was obtained from a dairy processing plant. This whey product was produced from defatted sweet cheese whey, by spray drying.

Bovine serum albumin (BSA; minimum 98%) and AFM₁ stock solution were obtained from Sigma (Lisbon). HPLC grade solvents were delivered from Merck (Lisbon).

Cheese whey reconstitution

Cheese whey was reconstituted to the desired concentration (7, 8 or 10% w/v) by dissolving the appropriate amount of powder in double-distilled water. AFM₁ contamination was accomplished by the addition of an accurate volume of a 500 µg l⁻¹ AFM₁ standard solution in methanol. The final spiked AFM₁ concentration was 0.1 µg l⁻¹.

Ultra-filtration experiments

Ultra-filtration experiments were performed using a Pellicon® XL filter with membrane Biomax™ 10 (Millipore Ibérica SA, Madrid), with a cut-off of 10 kDa. Reconstituted cheese whey (feed) (500 ml) was pumped with a peristaltic pump at a flow rate of 48 ml min⁻¹ to the ultra-filtration unit, the permeate and the retentate being collected in different graduate containers for volume measurement. With these volumes, and corresponding AFM₁ concentrations, a material balance was performed to calculate the recovery of the mycotoxin in each fraction. Control of the flow rate of permeate was made by adjusting the pressure at the retentate outlet.

After a first stage in the operation of the ultra-filtration membrane as described above, diafiltration stages were conducted by adding double-distilled water to the retentate in equal volume of the permeate that was collected from the previous filtration. Permeate and retentate were collected as mentioned before.

Solids determination

In order to determinate the dry extract of solids in feed, retentate and permeate, a refractometer (Leica DC 60; El Paso, USA) was used. A calibration curve was made using solutions in the range 0–100 g l⁻¹ of dried whey powder in water, and a linear regression ($r^2 = 0.99$) was obtained between dry extract and refractive index.

Protein determination

Protein was determined by the method of Bradford.¹⁰ Working solutions containing 0.02–1 mg l⁻¹ of BSA were prepared in order to construct a calibration curve. Aliquots of protein solution (10 µl) were added to 290 µl of Coomassie reagent in a microplate. After 20 min the absorbance at 595 nm was read in a Spectra & Rainbow Tecan instrument (Salzburg, Austria). Protein was determined in the inlet (feed) and in the two outlets (retentate and permeate) of the ultra-filtration unit. The protein partition coefficient (K_p)

was determined as the ratio between the protein concentration in permeate and in retentate.

Lactose determination

Lactose content was determined using the enzymatic kit lactose/D-galactose UV method of Boehringer Mannheim. Lactose was determined in the feed, in retentate and in permeate. Its partition coefficient (K_L) was determined again as the ratio between its concentration in permeate and in retentate.

Aflatoxin M₁ determination

Immunoaffinity clean-up

Aflatoxin M₁ was determined in the feed, in retentate and in permeate as reported by Tuinstra *et al.*¹¹ Samples of these three solutions were centrifuged at 2500 × *g* for 15 min and then filtered through a glass microfibre filter (1.6-µm pore size) in order to collect a 25-ml volume sample that was passed through an immunoaffinity column (Aflaprep M, R-Biopharm Rhone Ltd, Glasgow, Scotland, UK). The unbound components were washed twice with 10 ml of distilled water. Elution was done using 1.25 ml of methanol:acetonitrile (20:30) at a flow rate of one drop every 2–3 s. A further 1.25 ml of distilled water was passed through the column resulting in a final eluate volume of 2.5 ml. This eluate was analyzed directly by HPLC.

To perform recovery assays, reconstituted whey was artificially contaminated with AFM₁ at level of 0.1 µg l⁻¹. Analytical recovery average for this method was 98% (CV = 3.3%, $n = 3$).

HPLC quantification

In order to construct a calibration curve, standard working solutions containing 0.1–2 µg l⁻¹ AFM₁ in mobile phase were prepared from a ready-to-use aflatoxin M₁ standard solution (500 µg l⁻¹; Sigma-Aldrich, Lisbon, Portugal) in methanol. A calibration curve was obtained by linear regression of the least-squares method using peak height of the standard as response. The correlation coefficient was higher than 0.999. The limit of detection was 0.04 µg l⁻¹, as calculated from the sum of intercept and three times the standard deviation of the *y*-residuals of the calibration graph. Therefore, the limit of detection in whey samples was 0.004 µg l⁻¹.

Determination of AFM₁ was carried out by reverse-phase HPLC¹¹ equipped with a Jasco FP-920 fluorescence detector (360 nm excitation wavelength; 430 nm emission wavelength). Chromatographic separations were performed on a Waters Spherisorb ODS2 (4.6 mm × 250 mm; 5 µm) column, fitted with a pre-column with the same stationary phase operated at 30 °C. The mobile phase used was pumped at 1.0 ml min⁻¹ and consisted of an isocratic programme as follows: water:acetonitrile:methanol (68:24:8, v/v/v). The injection volume was 100 µl.

Aflatoxin M₁ partition coefficient (K_{AFM}), was determined as the ratio between its concentration in permeate and in retentate.

RESULTS AND DISCUSSION

The AFM₁ concentrations in cheese whey loaded to the ultra-filtration unit (feed) and in both solutions coming out of the same unit (retentate and permeate) were determined (Table 1). The recovery of AFM₁ in permeate and retentate fractions was also calculated (Table 1). Partition of total protein, lactose and AFM₁ between permeate and retentate in the ultra-filtration of cheese whey was determined (Table 2).

AFM₁ was found to favour the retentate fraction, where high molecular weight compounds, such as proteins, are expected to be concentrated. Data in Table 1 show a higher concentration of AFM₁ in retentate than in permeate for all experiments. Recoveries of AFM₁ in retentate were in range 72.6–86.4%, while in permeate the range varied between 2.4 and 14.7% (Table 1). These results suggest that AFM₁ is transferred preferentially to the protein rich fraction, although being a low molecular weight (328.3 g mol⁻¹) compound. Total mean recovery of 87.4% was obtained. This small loss in AFM₁ could be due to fouling in the membrane.

The affinity of AFM₁, lactose and total protein to permeate and retentate was assessed by the determination of their partition coefficients between these fractions.

For the assay using 7% w/v whey powder, lactose partition coefficient (K_L) was determined and found to be near unity (Table 2), meaning that there is similar distribution of lactose between permeate and retentate, which is the common behaviour of lactose in industrial-scale cheese whey ultra-filtration.^{9,12}

However, AFM₁ and total protein partition coefficients, K_{AFM} and K_P , respectively, were found to be much lower than one. The very low values reported for K_P were expected, since the molecular weights of these compounds do not allow them to be present in the permeate. Only a small fraction of some small peptides, originated from the hydrolysis of casein proteins during cheese making, were expected to be present in the permeate, and explain the small values of protein concentration that were reported in this fraction.

Partition coefficients of AFM₁ shown in Table 1 cannot be explained based on its molecular weight. This mycotoxin has a molecular weight of the same order as lactose: 328.3 and 442 g mol⁻¹, respectively. In the absence of any interaction with other compounds present in cheese whey, aflatoxin M₁ should be partitioned like lactose between permeate and retentate. The higher affinity of AFM₁ for the retentate fraction can be due to an interaction between this mycotoxin and proteins.

The concentration of AFM₁ in permeate does not differ from its concentration in the original whey. However, since this retentate has a lower lactose content, it is expected that after drying it will originate a higher AFM₁ concentration in WPC than in the original whey protein powder.

Table 1. Aflatoxin M₁ distribution between retentate and permeate

| Dried whey powder (% w/v) | Stage ^a | Feed Aflatoxin M1 (µg l ⁻¹) | Retentate | | Permeate | |
|---------------------------|--------------------|--|------------------------------------|--------------|------------------------------------|--------------|
| | | | Aflatoxin M1 (µg l ⁻¹) | Recovery (%) | Aflatoxin M1 (µg l ⁻¹) | Recovery (%) |
| 10 | UF | 0.098 | 0.094 | 80.2 | 0.015 | 2.4 |
| | DF | 0.076 | 0.077 | 86.4 | 0.025 | 5.1 |
| 8 | UF | 0.096 | 0.089 | 72.6 | 0.029 | 6.5 |
| | DF | 0.066 | 0.069 | 85.5 | 0.031 | 8.6 |
| 7 | DF | 0.055 | 0.058 | 84.4 | 0.033 | 12.0 |
| | UF | 0.097 | 0.089 | 73.0 | 0.026 | 5.5 |
| | DF | 0.068 | 0.067 | 76.4 | 0.033 | 10.9 |
| | DF | 0.050 | 0.049 | 74.8 | 0.031 | 14.7 |

^a Stage: UF = ultra-filtration; DF = diafiltration.

Table 2. Ratio between aflatoxin M₁ concentration (K_{AFM}), lactose concentration (K_L) and protein concentration (K_P) in permeate and in retentate

| Dried whey powder (% w/v) | Stage ^a | Aflatoxin M ₁ (K_{AFM}) | Lactose (K_L) | Protein (K_P) |
|---------------------------|--------------------|--|-------------------|-------------------|
| 10 | UF | 0.16 | nd | 0.03 |
| | DF | 0.33 | nd | 0.04 |
| 8 | UF | 0.33 | nd | 0.05 |
| | DF | 0.44 | nd | 0.03 |
| 7 | DF | 0.56 | nd | 0.03 |
| | UF | 0.29 | 0.94 | 0.09 |
| | DF | 0.49 | 1.14 | 0.05 |
| | DF | 0.64 | 0.99 | 0.05 |

nd = not determined

^a Stage: UF = ultrafiltration; DF = Diafiltration

CONCLUSIONS

The fate of AFM₁ during cheese whey fractionation by ultra-filtration was assessed. Based on its molecular weight, and in the absence of interactions with other whey components, it was expected that AFM₁ would permeate through the membrane together with other low molecular weight components of cheese whey, such as lactose. Under the experimental conditions used in this work, lactose distributes evenly between permeate and retentate, whilst AFM₁ exhibits a preference for the retentate. This behavior, which is not explained by its molecular weight, could be due to an interaction with the protein content in this fraction. This interaction apparently contradicts the low affinity of AFM₁ for serum proteins cited by Bakirci.⁸ However, Dosako *et al*¹³ report that this affinity for serum proteins is lower when compared to its affinity for caseins. Since the latter are almost absent from cheese whey, an interaction between AFM₁ and serum proteins can occur.

These results suggest that the production of whey protein powder by ultra-filtration could lead to a higher concentration of AFM₁ than in the original whey.

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