

Injectable gellan-gum/hydroxyapatite-based bilayered hydrogel composites for osteochondral tissue regeneration

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ABSTRACT

Multilayer systems capable of simultaneous dual tissue formation are crucial for regeneration of the osteochondral (OC) unit. Despite the tremendous effort in the field there is still no widely accepted system that stands out in terms of superior OC regeneration. Herein, we developed bilayered hydrogel composites (BHC) combining two structurally stratified layers fabricated from naturally derived and synthetic polymers, gellan-gum (GG) and hydroxyapatite (HAp), respectively. Two formulations were made from either low acyl GG (LAGG) alone or in combination with high acyl GG (HAGG) for the cartilage-like layer. Four bone-like layers were made of LAGG incorporating different ratios of hydroxyapatite (HAp). BHC were assembled in one single construct resulting in eight distinct bilayered constructs. Architectural observations by stereomicroscope and micro-CT (μ -CT) demonstrated a connected stratified structure with good ceramic dispersion within the bone-like layer. Swelling and degradation tests as well mechanical analyse showed a stable viscoelastic construct under dynamic forces. *In-vitro* studies by encapsulating rabbit's chondrocytes and osteoblasts in the respective layers showed the cytocompatibility of the BHC. Further studies comprising subcutaneous implantation in mice displayed a weak immune response after four weeks. OC orthotopic defects in the rabbit's knee were created and injected with the acellular BHC. OC tissue was regenerated four weeks after implantation as confirmed by cartilaginous and bony tissue formation assessed by histologic staining and μ -CT analysis. The successful fabrication of injectable BHC and their *in-vitro* and *in-vivo* performance may be seen as advanced engineered platforms to treat the challenging OC defects.

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1. Introduction

Osteochondral (OC) defects arise as a consequence of trauma, bone tumors, tissue resection, and metabolic diseases. When these affect the bone layer, a critical size lesion occurs and often leads to joint non-union. The OC unit is a multiphasic tissue comprising two distinct tissue types: the articular cartilage and the subchondral bone. Articular cartilage is a thin layer of soft anisotropic tissue responsible for protecting the surface of bones by reducing

friction and facilitating joint movement and shock-absorbance, while the subchondral bone fulfils a crucial role in mechanical support [1]. The avascular nature, unique chemical and cellular composition make hyaline cartilage difficult to regenerate in lesions that exceed a critical size [2]. Although loose tissue forms during cartilage healing [3], the degradation of the repaired tissue, cartilage dehydration and tissue thinning contribute to the progression of the lesion into deeper regions of the subchondral bone [4].

A wide range of clinical approaches has been exploited as primary/secondary treatments for managing a full-thickness chondral defect. Autograft transplantation [5] and bone marrow stimulation techniques such as microfracture [6], and subchondral drilling [7] are the surgical procedures most often employed to treat lesions classified from grade II to IV by the Outerbridge classification [8–11]. Cell-based techniques such as autologous chondrocyte implantation (ACI) [12] and matrix-associated

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autologous chondrocyte transplantation (MACT) are the most recently developed strategies with good clinical outcomes [13]. The new MACT approach offers great advantages over others [14] when treating young patients (<45 years), although the ideal long-term strategies are far from being achieved. Acellular strategies such as the use of biomaterials that induce cell recruitment from the synovial membrane have been proposed to treat cartilage lesions [2]. The main drawback of current clinical approaches results in cartilage repair rather than regeneration. Fissures on the hyaline cartilage post-surgery may also allow synovium herniation into the subchondral osteoid causing pain and discomfort [15].

Multiphasic tissue engineering approaches combining cells, scaffolds and biomolecules may be seen as advanced platforms [16]. Thus, the focus should no longer be solely on hyaline cartilage regeneration [17]. The cartilage-bone interface for controlling total joint homeostasis presents anatomical features crucial to achieve functional regeneration of the OC unit [18]. Recently, a considerable number of comprehensive studies have focused on multiphasic/graded systems addressing the different OC tissues [19]. Oliveira et al. [20] developed a hydroxyapatite/chitosan (HAp/CS) bilayered scaffold using an innovative method that combines sintering and freeze-drying techniques. Getgood et al. [21] used collagen-based bilayered scaffolds aiming to regenerate OC defects in goats. Currently, the use of injectable hydrogel systems has been attracting a great deal of interest for the treatment of OC defects as they can be tissue mimetic and are easily injected into the cavity lesion by minimally invasive procedures. Specifically, injectable systems can reduce the risks associated with surgery and the need for recurrent post-surgeries. Furthermore, by filling the entire defect size, hydrogels minimize synovium infiltration into the subchondral osteoid thereby preventing cyst formation. Injectable hydrogels [22–25] are also advantageous to engineer functional environments that allow cell encapsulation and support its function. For this reason, Gellan gum (GG) [26,27] has been proposed for engineering cartilage substitutes [28–30] and has already received a great deal of attention in *in-vivo* experiments [30,31]. It has also been reported [32] that blood-vessel ingrowth and re-innervation from the subchondral bone into articular cartilage is a major impediment to achieving tissue regeneration and for managing pain. Therefore, it is advantageous the use of non- or anti-angiogenic biomaterials that prevent blood vessel ingrowths into the lesion site. Recently, Silva-Correia et al. [31] showed the ability of methacrylated Gellan gum (GGMA) as non-angiogenic biomaterial for potential use in the restoration of avascular tissues such as cartilage.

The present work aims to regenerate OC tissue through injectable gellan-gum based bilayered hydrogel composites. This work first explored the fabrication of a bilayered GG/GG-HAp hydrogel composite (BHC) consisting of a cartilage-like and a bone-like layer able to be used as an injectable system. The BHC were characterised to evaluate the physicochemical and mechanical properties by means of microscopy, micro-CT (μ -CT), dynamic mechanical analysis (DMA) and swelling/degradation tests. Bioactivity tests by SBF sample immersion were performed with further analysis by scanning electron microscopy (SEM) and x-ray diffraction (XRD). Indirect contact studies were carried out using a cell line (L929) to test possible toxic effects of the BHC. To assess viability and proliferative rate, chondrocytes and osteoblasts were encapsulated within each respective layer. The BHC compatibility was tested for immune responses by subcutaneous implantation in a mice model. Afterwards, the *in-vivo* study focused on investigating the regeneration of cartilage and subchondral bone tissue in an OC orthotopic defect in rabbit's knee. Neo cartilage and subchondral bone formation was assessed by micro-computed tomography (Viva-CT) and histological imaging.

2. Materials and methods

Low acyl Gellan-gum (LAGG, Gelzan™ CM, Mw = 1 000 000 g/mol) was obtained from Sigma-Aldrich (USA) and High acyl Gellan-gum (HAGG, KelcoGel LT100) was provided by CP Kelco. Unless otherwise stated, all the reagents were purchased from Sigma-Aldrich.

2.1. Bilayered hydrogel fabrication

2.1.1. GG/GG-hydroxyapatite bilayered hydrogel composites

Distinct bilayered hydrogel composites (BHC) were fabricated varying both cartilage and bone-like layers. In total, eight different BHC were fabricated as outlined in Table 1.

Cartilage-like layers were fabricated from a solution of only LAGG at 20 mg/mL and from a solution of LAGG-HAGG, prepared from LAGG (10 mg/mL) mixed with HAGG (7.5 mg/mL) in a ratio of 75:25 (v/v), respectively. The bone-like layers of BHC were fabricated from solutions of LAGG (20 mg/mL) reinforced with hydroxyapatite (HAp) [30]. HAp was incorporated in LAGG solutions in four different batches at ratios of 5, 10, 15 and 20% (LAGG-HAp). All solutions were prepared in distilled water in a water-bath at 90 °C, with constant stirring, until completely dissolved. Silicone moulds with 7 mm × 4 mm were used to construct the BHC. Both layers, cartilage and bone, were put one upon another with the bone-like layer being the first at the bottom of the mould and topped by the cartilage-like layer. Then, the constructs were covered with phosphate buffer saline solution (PBS) to promote ionic crosslinking of GGMA.

2.2. Microstructure evaluation of the bilayered hydrogel composites

The bilayered hydrogel composites (BHC) were observed using a stereo microscope (Stemi 1000 PG-HITECH; Zeiss) in order to evaluate the interface and cohesion between the cartilage and the bone-like layers. The microstructure of the BHC was qualitatively and quantitatively assessed by high-resolution X-ray microtomography (μ -CT). To perform the analysis, all specimens were freeze-dried prior to X-ray analysis. 3D reconstruction was performed after scanning. Data were acquired with a Skyscan 1072 scanner (Skyscan, Kontich, Belgium), with a pixel size of 8.5 μ m and an integration time of 1280 ms. The X-ray source was set at 33 keV and 197 μ A. Approximately 300 projections were acquired over a rotation range of 180°, with a rotation step of 0.45°. Data sets were reconstructed using standardised cone-beam reconstruction software (NRecon 1.6.6.0, SkyScan). The output format for each sample was bitmap images. The set of images was reoriented with DataViewer (v1.4.4, SkyScan) to obtain all samples in the same axis. Representative data set of the slices was segmented into binary images with a dynamic threshold of 30–120 for the cartilage-like layer phase and 120–255 for the bone-like layer phase analysis (grey values). Then, the binary images were used for morphometric analysis (CT Analyser, v1.12.0.0*, SkyScan) and to construct the three-dimensional (3D) models (CT Vox, 2.3.0 r810, SkyScan).

Table 1
Different composition of the bilayered hydrogel composites (BHC).

Bone like layer	Cartilage-like layer	
	LAGG	LAGG-HAGG
LAGG-HAp 5%	LAGG/LAGG-HAp 5%	LAGG-HAGG/LAGG-HAp 5%
LAGG-HAp 10%	LAGG/LAGG-HAp 10%	LAGG-HAGG/LAGG-HAp 10%
LAGG-HAp 15%	LAGG/LAGG-HAp 15%	LAGG-HAGG/LAGG-HAp 15%
LAGG-HAp 20%	LAGG/LAGG-HAp 20%	LAGG-HAGG/LAGG-HAp 20%

2.3. Mechanical tests of the bilayered hydrogel composites

The mechanical performance concerning the viscoelastic properties of the bilayered hydrogel composites was assessed by dynamic mechanical analysis (DMA). The viscoelastic measurements were performed using a TRITEC8000B DMA equipped with the compressive mode from Triton Technology. DMA analysis was carried out on in all bilayered hydrogel composites with a cylindrical shape of around 7 mm diameter and 4 mm thickness at 37 °C. The different bilayered hydrogel composites were analysed by immersion into a PBS bath in a Teflon® reservoir. The geometry of the specimens was then measured, clamped in the DMA apparatus and immersed in the bath. After equilibration, the DMA spectra were acquired during a frequency scan between 0.1 and 10 Hz. The experiments were performed under constant strain amplitude. A small preload was applied to each sample to ensure that the entire surface was under compression. For all bilayered hydrogel composites being tested, the distance between plates was kept the same. DMA analysis was performed in triplicate ($n = 3$) for each condition.

2.4. Swelling and degradation studies

Swelling and degradation studies were carried out in all BHC by immersing them in PBS solution, pH 7.4, followed by incubation at 37 °C, 60 RPM, up to 30 days. At day 3, 7, 14, 21 and 30, the swelling ratio and degradation of all bilayered hydrogel composites were calculated. The degradation of the bilayered hydrogel composites was studied over a period of 30 days, soaking them in PBS in a water-bath at 37 °C.

The swelling capacity (A) and degradation by weight loss (B) of all bilayered hydrogel composites were calculated by means of the following equations:

$$\text{Swelling capacity (\%)} = \frac{W_s - W_i}{W_i} \times 100 \quad (\text{A})$$

$$\text{Weight loss (\%)} = \frac{W_d - W_i}{W_i} \times 100 \quad (\text{B})$$

where W_i (weight of freeze-dried bilayered hydrogel composite after fabrication); W_s (weight of wet bilayered hydrogel composite after swelling at each time point, and W_d (weight of freeze-dried bilayered hydrogel composite after swelling at each time point).

2.5. Bioactivity tests

Specimens of all BHC were immersed in simulated body fluid (SBF) according to Kokubo's method [33], with ion concentrations as shown in Table 2.

The molar concentrations of SBF were intended to mimic the human blood plasma. The SBF solution was adjusted to pH 7.4 by adding 1.0 mM of HCl solution in a bath of ice to prevent precipitation of CaCO_3 minerals. Each BHC ($n = 3$) was placed inside sterile 50 mL polystyrene sterile falcon tubes hanging on a metal wire to avoid contact with walls to prevent ion precipitation. Falcon tubes were filled with 30 mL of SBF solution and transferred into an incubator shaker at 36.5 °C for up to 30 days. At each time point, the specimens were thoroughly rinsed in distilled water and frozen at -80 °C prior to lyophilisation. To evaluate the surface morphology of BHC, images were taken by scanning electron microscopy (SEM/EDS, NanoSEM-FEI Nova 200, USA). Prior to the

analysis of microstructure, freeze-dried specimens were mounted on aluminium stubs and gold sputtered using a Fisons Instruments Coater (Quorum/Polaron E6700, UK) with a current of 18 mA and coating time 120 s. Crystallinity and phase content of the BHC after SBF immersion were investigated by X-ray diffractometry (Bruker D8 Discover, Germany) employing Cu-K α radiation. Data were collected from 6 to 75 (2θ values), with a step size of 0.04, and a counting time of 2 s/step.

2.6. In-vitro cytotoxicity

An immortalised mouse lung fibroblast cell line (L929) was purchased from the European Collection of Cell Cultures (ECACC). The cells were grown in monolayer in DMEM culture medium supplemented with 10% foetal bovine serum (FBS, heat-inactivated; Biochrom) and 1% antibiotic-antimocotic mixture (A/B, Invitrogen). Trypsin (0.25% trypsin-EDTA solution; Sigma) was employed to passage cells. L929 cells were seeded at a density of 1×10^5 cells/well into a 48-well plate and incubated at 37 °C in a humidified atmosphere of 5% CO_2 . The possible toxic effect of the BHC was assessed by an indirect cytotoxicity test according to ISO 10993-5:2009. The BHC were produced as aforementioned in section 2.1, under sterile conditions. A minimum of 4 g of each hydrogel was incubated for 24 hours in 20 mL of complete Dulbecco's modified Eagle's medium (DMEM; Sigma) in a thermostatic bath (37 °C) with constant shaking (60 rpm) for extract retrieval. A latex rubber extract was used as positive control: cell death, and complete culture medium was used as negative control. The extracts were passed through a 0.22 μm filter and placed in contact with the L929 cell monolayer. Cell response was assessed at 24 hours, 48 hours and 72 hours after the incubation period. CellTiter 96 One Solution Cell Proliferation Assay Kit (Promega) was put in contact with the cells as per the manufacturer's protocol. The optical density was measured at 490 nm in a microplate reader (Synergy HT, Bio-Tek Instruments).

2.7. In-vitro functional evaluation of OC-derived cells

Chondrocytes and osteoblasts were isolated by the explant method from New Zealand White Rabbit knees (6-week-old male). Osteochondral (OC) tissue was separated into cartilage and bone tissue that were indifferently chopped into small pieces and placed into a 6 well-plate with culture media, DME F:12 for chondrocytes and alpha-MEM for osteoblasts both supplemented with 10% FBS and 1% A/B solution. Tissues were kept for one week in culture and the medium was topped up every 3 days. Afterwards, the primary cells were sub-cultured and used at P3-4.

2.7.1. Fabrication of the OC cell-laden cartilage and bone-like layers

Chondrocytes within LAGG and LAGG-HAGG for the cartilage-like layer and osteoblasts within LAGG/LAGG-HAp (5, 10, 15 and 20%) were prepared separately. Solutions of both cartilage-like and bone-like layer were prepared as mentioned in Section 2.1.1 under sterile conditions. The chondrocytes were grown in monolayer in complete DMEM F:12 supplemented with 10% FBS and 1% A/B and detached from the culture flasks after cells had reached 70-80% of confluence. A cell suspension of 1×10^6 cells/mL was centrifuged at 1200 rpm for 5 min. Afterwards, the culture medium was completely aspirated and the cell pellet was re-suspended into the respective polymeric solution. Then, the mixture was poured into small petri dishes (30 mm diameter) and covered with culture medium to promote ionic crosslinking. After 30 min, small discs were cut with a 6 mm surgical punch. The discs were

Table 2
Ion concentration in simulated body fluid (SBF).

Ions	Na ⁺	K ⁺	Ca ²⁺	Mg ²⁺	Cl ⁻	HCO ₃ ⁻	HPO ₄ ²⁻	SO ₄ ²⁻
Conc. mM	142.0	5.0	2.5	1.5	147.8	4.2	1.0	0.5

transferred into 48 well plates and incubated at 37 °C in a humidified atmosphere of 5% CO₂ culture medium.

2.7.2. Growth and proliferation of OC-derived cells

The cell viability was investigated by using live/dead kit (Calcein-AM and propidium iodide, Molecular Probes®; Life Technologies, Carlsbad, CA, USA) 3 days and 7 days of culturing time. Cell-laden hydrogels were washed with PBS and then incubated with Calcein-AM and propidium iodide solutions, both 1:1000, for 45 minutes. A reflected light microscope (Axio Imager Z1m, Zeiss, Jena, Germany) was used to observe the fluorescence emission.

Cell proliferative rate was quantified using the Quant-iT® Pico-Green dsDNA Assay Kit (Molecular Probes, Invitrogen Corporation, USA). Briefly, samples were collected at day 3 and at day 7 of culturing and washed twice with PBS. The cell-laden hydrogels were put in 1 mL of distilled water and subjected to heating at 70 °C for one hour. Specimens were preserved at –80 °C until further analysis. At the time of analysis, specimens were thawed at room temperature and sonicated for 30 min at 40 °C to induce complete cell membrane lysis. Pico-Green dsDNA Assay Kit was used following the manufacturer's instructions. Fluorescence readings were measured at an excitation wavelength of 485/20 nm and at an emission wavelength of 528/20 nm, in a microplate reader (Synergy HT, BioTek Instruments, USA). The DNA concentration for each hydrogel was calculated using a standard curve with DNA concentrations ranging from 0 to 2 µg/mL. Triplicates of all specimens were analysed.

2.8. In-vivo studies

All animal studies were performed according to the national guidelines and conducted in accordance with Portuguese legislation (Portaria 1005/92) and international standards on animal welfare as defined by the European Communities Council Directive (86/609/EEC).

2.8.1. Subcutaneous implantation in mice

Under surgical sterile conditions, two full thickness skin longitudinal incisions (about 1 cm) containing the subcutis and the panniculus carnosus were made in the anterior and posterior dorsum of the mice. The animals were anaesthetised by injection of: Ketamine (25 mg/kg) and medetomidine (0.15 mL/kg) for anaesthesia; cephalixin (15 mg/kg) as antibiotic; Bupivacaine, pethidine (5–10 mg/kg) as analgesia. Afterwards, the hair was removed at the implantation area, followed by 70% ethanol and iodine washings.

The *in-vivo* biocompatibility was evaluated after subcutaneous implantation of BHC, using a total of 6 mice (5-week-old mice Hsd:ICR (CD-1)). Cranial and lateral oriented subcutaneous pockets were created by blunt dissection, one on each side of the incision. The BHC LAGG/LAGG-HAp 20% eres inserted into these pockets (4 constructs of the same material per animal), and the panniculus carnosus and the skin were carefully sutured. Mice were sacrificed at 2 weeks and 4 weeks post-operation and the BCH retrieved for further analysis.

2.8.1.1. Tissue processing and histological evaluation. At 2 and 4 weeks post-surgery, the mice were euthanised by injection of an overdose of pentobarbital sodium. The implanted BHC and the surrounding tissue were retrieved. Explants were fixed in 10% formalin, dehydrated through graded ethanol solutions and embedded in paraffin for further sectioning using a microtome (HM355S, Microm, Thermo Scientific). Sections of 5 µm thickness were prepared and stained with hematoxylin and eosin (H&E) and Masson's trichrome (MT) for histological evaluation. Sections were observed under a transmitted light Microscope (Zeiss, Germany).

2.8.2. Orthotopic knee model

Solutions of LAGG and LAGG-HAp 20% were prepared and kept in two syringes in a water-bath at 40 °C until injection. Three New Zealand white rabbits (9–11 weeks old, male) were used for creating OC defects by means of using an orthotopic knee model. Briefly, prior to surgery, animals were anaesthetised by subcutaneous injection of a mixture of ketamine (25 mg/Kg) and medetomidine (0.15 mL/Kg). General anesthesia was maintained by ventilator administration of isoflurane and oxygen. Animals were immobilised on their back and the hair from the legs was shaven followed by ethanol washings at 70% and iodine. Both knee joints in each animal were exposed through a medial parapatellar longitudinal incision. The synovial capsule was incised and the medial femoral condyle was exposed. Afterwards, an OC defect (5 mm diameter and 5 mm depth) was created in the centre of the condyle using a biopsy punch of 5.0 mm and dental drill. The defect was washed with saline solution prior to the first injection into the defect of LAGG-HAp 20% solution (37.68 µL) followed by an administration of a second injection of LAGG solution (25.12 µL). The defect dimensions were completely filled by the hydrogel. The crosslinking was made *in situ* by the presence of cations from previous washes with saline solution and by natural ionic fluids. Subsequently, the patella was repositioned, and capsule and muscle were sutured followed by skin suture.

2.8.2.1. Computed tomography. Rabbits were euthanised at 4 weeks post-surgery by administration of an overdose of pentobarbital sodium (*i.v.*). The knee joints were removed and scanned using Viva-CT 80 (Scanco Medical, Bassersdorf, Switzerland) after incubation with contrast agent to reveal articular surface topography and soft tissue features. Briefly, the explanted joints were immersed in a solution of 40% Hexabrix® 320 (Guerbert, France)/60% PBS 0.15 M (v/v) for 1 h at 37 °C under gentle agitation. After incubation, the samples were patted dry and immediately transferred to the Viva-CT system for scanning. All scanning was performed at 70 kVp, 114 µA, 200 ms integration time, and a voxel size of 15.6 µm with a 31.9 mm scanning tube. After scanning, the samples were immersed in 0.15 M PBS supplemented with protease inhibitors for 24 h at 4 °C to allow for desorption of the Hexabrix.

2.8.2.2. Tissue processing and histological evaluation. The surrounding tissue of the medial femoral condyle defect was retrieved en bloc. The medial femoral condyle was fixed in formalin 10% and further decalcified in formic acid for 3 weeks. Following this, the tissues were dehydrated through a graded series of ethanol solutions and embedded in paraffin. Longitudinal sections of 3 µm thickness were taken with a microtome (Microm HM355S). Histological sections were stained with hematoxylin and eosin (H&E), Safranin O/light green (Saf. O), and Masson's Trichrome (MT).

2.9. Statistical analysis

The data from *in-vitro* assays were analysed by one-way analysis of variance (ANOVA) and Bonferroni multiple-comparison test. The means and the standard deviations were reported in each graph and $p < 0.05$ was considered as significantly different.

3. Results

3.1. Microstructure and HAp distribution within the BHC

Macroscopic images of the manufactured BHC revealed an excellent integrity of the interfacial system. Therefore, a whole single structure was developed showing a remarkable area of continuity at the interface integrating cartilage-like and bone-like layers (Fig. 1A). Higher magnification of BHC interface region with are

shown in Fig. 1B. Different hydroxyapatite (HAp) ratios homogeneously dispersed within BHC were restricted to the bone-like layer. At the interface level there was an absence of cracks. Further BHC microstructure analyses performed by micro-CT (μ -CT) showed good combining characteristics of the two distinctive layers. Fig. 1C and D showed the incorporation of different ratios of HAp within the bone-like layer, LAGG-HAp (5, 10, 15 and 20%) in combination with the respective cartilage-like layer of LAGG or LAGG/HAGG. The structures analysed by μ -CT were three-dimensionally (3D) reconstructed and it was ascertained that the amount of HAp was in accordance with theoretical values as well as with its distribution solely confined to the bone-like layer (Supplementary information, Fig. S1). For the cartilage-like layer (LAGG or LAGG-HAGG) presenting solely polysaccharide (GG-based), a threshold between 30 and 120 was applied to avoid the air noise (0–30). The HAp content for all different bone-like layers was traced applying a threshold between 120 and 255. The translucent lower layer (non-mineralised) was distinctly different from the HAp opaque upper layer (mineralised), cartilage-like and bone-like layer, respectively. Bone-like layer was denser than cartilage-like layer with a distinct composition: uniform and incremental distribution of HAp throughout the region.

3.2. Mechanical and physico-chemical characterisation of BHC

Variableness in the BHC was introduced in the change of their mechanical properties conferred by the two forms of GG (high and low acyl) used in respect to the cartilage-like layer and by the ceramic incorporation (HAp) in the bone-like layer. Likewise, the different ratios of HAp in the bone-like layer also led to distinctive

mechanical properties. Dynamic mechanical analysis (DMA) was conducted to assess the elastic modulus (E') as a function of the frequency. Fig. 2A and B showed the mechanical properties of all BHC, which present viscoelastic behaviour upon frequency increasing (from 0.1 to 10 Hz).

The four different BHC made of LAGG/LAGG-HAp are seen in Fig. 1B with E' ranging from 0.08 to 0.18 MPa and for the LAGG-HAGG/LAGG-HAp E' ranges from 0.12 to 0.16 MPa. Overall, the elastic modulus increases with increasing HAp content. Nevertheless, it can be observed that for BHC incorporating 20% of HAp the E' is lower than that of the 15% HAp incorporation. The LAGG-HAGG/LAGG-HAp with 15% and 20% HAp, where the curves overlap each other displayed an identical elastic modulus.

The swelling capacity of the BHC is shown in Fig. 2C and D for LAGG/LAGG-HAp and LAGG-HAGG/LAGG-HAp, respectively. An increasing profile in the water adsorption is seen up to day 7 remaining constant from that time period onwards. Differing from each other in respect to the cartilage-like layer, LAGG/LAGG-HAp formulations presented a water uptake capacity of around 3500% of their dry weight, while LAGG-HAGG/LAGG-HAp presented a water uptake of around 3000%.

The degradation rate of the BHC is presented also in Fig. 2E and F. No formulations altered their weight significantly over 4 weeks under hydrolytic degradation. For LAGG/LAGG-HAp, the maximum weight loss of around 10% was seen for the formulation with higher HAp content and a weight loss of 5% was noted for formulation with less HAp amount. Conversely, LAGG-HAGG/LAGG-HAp presents the higher weight loss of 20% for the formulations with 5% HAp amount. The formulations of 10%, 15% and 20% HAp content present a weight loss of around 10% after 4 weeks.

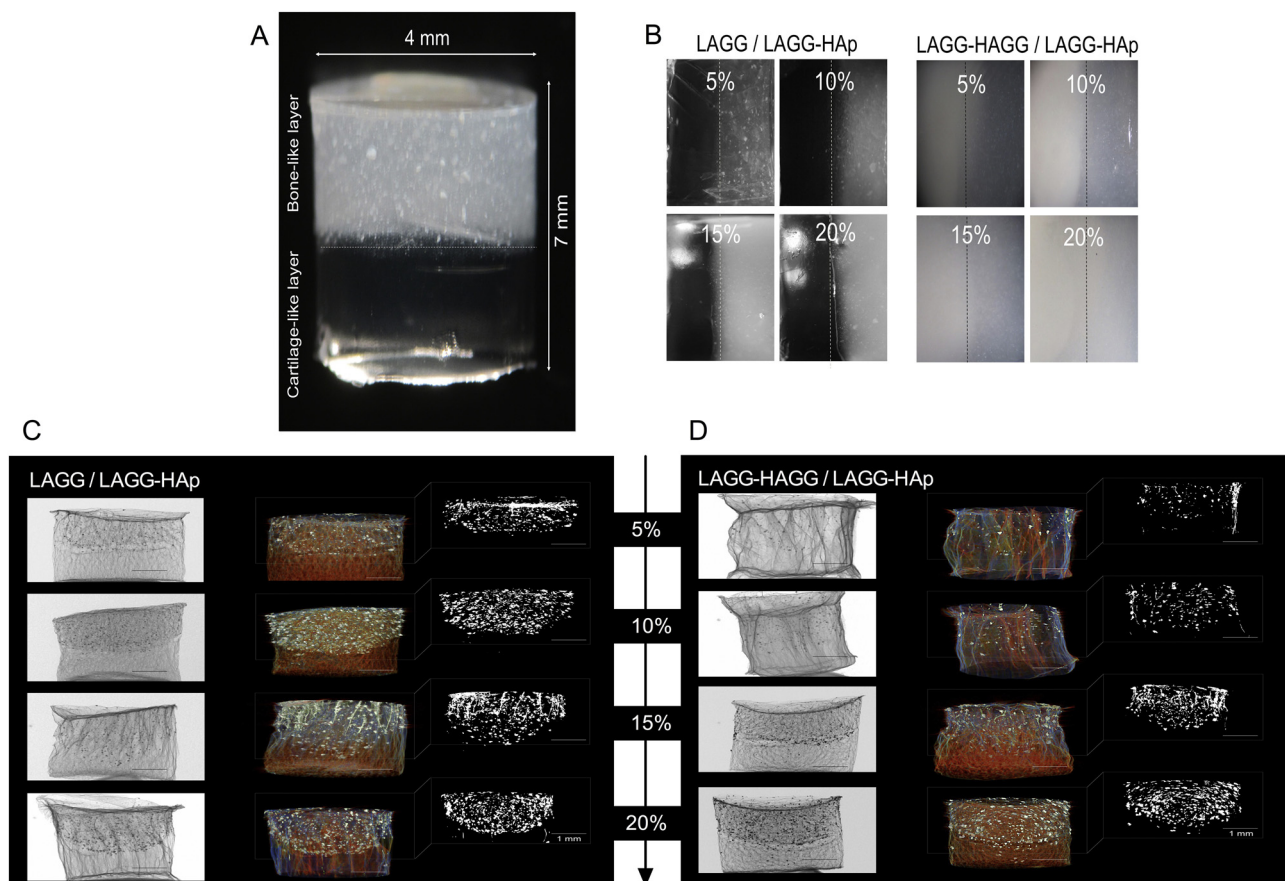


Fig. 1. BHC microstructure and HAp distribution. (A) Macroscopic views of the BHC with 4 mm diameter \times 7 mm height and close up images at the BHC interface for each different BHC fabricated. μ -CT analysis of the BHC for (C) LAGG/LAGG-HAp and (D) LAGG-HAGG/LAGG-HAp. Scale bar represents 1 mm.

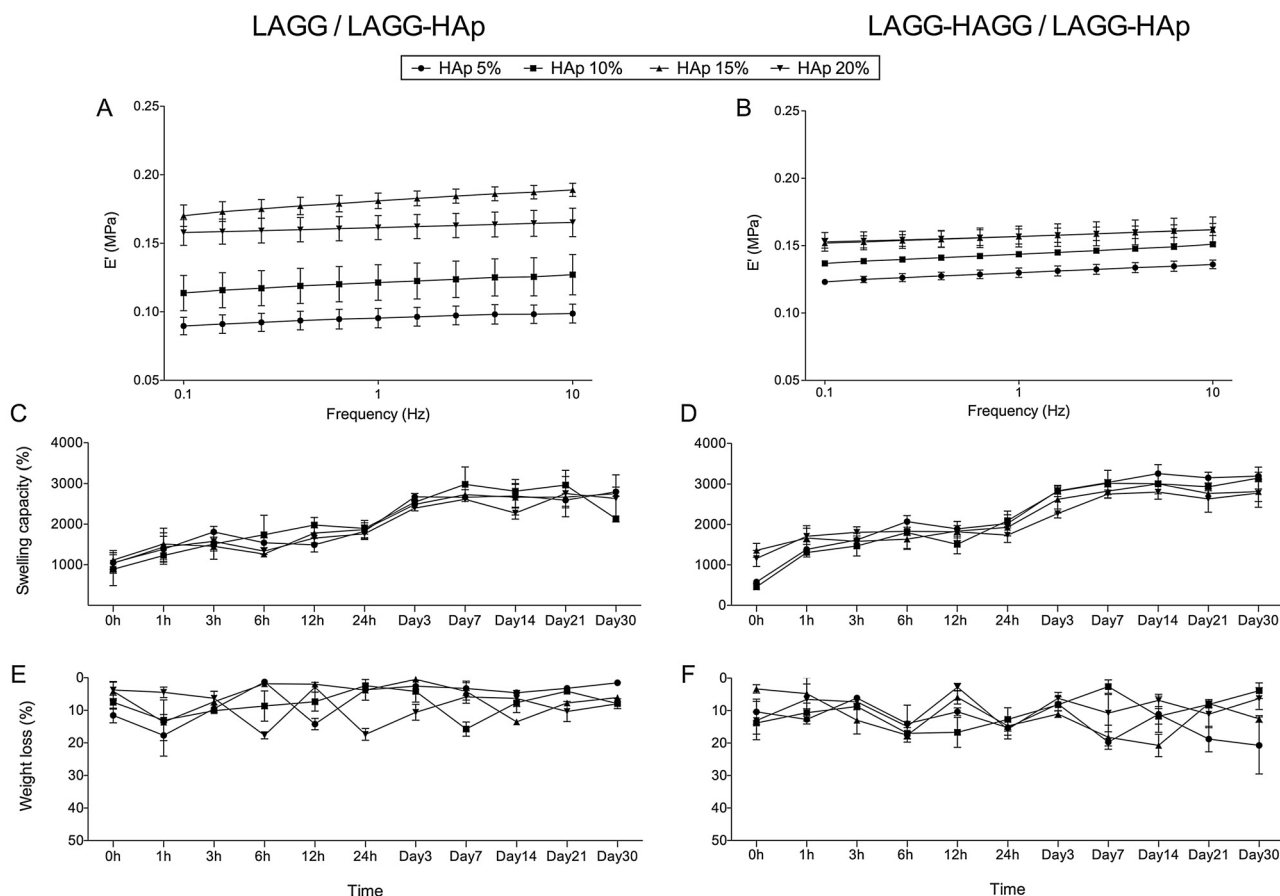


Fig. 2. Physico-chemical and mechanical performance of LAGG/LAGG-HAp (A, C and E) and LAGG-HAGG/LAGG-HAp (B, D and F). (A and B) Dynamic mechanical analysis of showing the Young's modulus (E'). (C and D) Percentage of swelling capacity and (E and F) percentage of weight loss of BHC after 30 days immersion in PBS. Error bars correspond to standard deviation.

3.3. Bioactivity tests of the BHC

To better understand the bioactive ability of the BHC to form apatite-like bioactive structures, analysis of SEM pictures and of XRD patterns of the BHC incubated for 30 days in SBF is shown in Fig. 3. The cartilage-like layer composed only by polysaccharide (LAGG or LAGG-HAGG) did not present cauliflower-like structures in SEM pictures (Fig. 3A) and further analysis of XRD patterns did not show the corresponding peaks of new apatite-like bioactive structures (data not shown). LAGG and LAGG-HAGG hydrogel formulations present smooth surfaces free of mineral deposits. In Fig. 3A, the layers incorporating different HAp amounts (5, 10, 15 and 20%) revealed the formation of needle-like crystals, forming larger, round, cauliflower-like structures in the bone-like layer. XRD patterns after 30 days incubation in SBF (Fig. 3B) showed the formation of apatite in all formulations incorporating HAp, yet these are restricted to the bone-like layer. The new apatite-like structures are represented in the XRD patterns by the appearance of new peaks at 32° , 33° , 34° , 40° , 46.5° and 49.5° corresponding respectively to: (002), (211), (300), (202), (310), (22) and (213) planes of apatite [34]. The full coverage by an apatite-like layer at day 30 clearly seen for all formulations is clearly seen in Fig. 3C.

3.4. In-vitro cytotoxicity

To investigate the possible toxicity onto cells, all the BHC were incubated for 24 h in cultured media, at 37°C . Afterwards, the extracts were placed in contact with L929 monolayer for further 3 days. Fig. 4A and B showed the metabolic activity of L929 cells

until 72 h of culturing with extracts of LAGG/LAGG-HAp and LAGG-HAGG/LAGG-HAp, respectively. No cytotoxic effect was seen for all the BHC.

In regards to functional evaluation of the embedded OC-derived cells, in Fig. 4C and D, from a qualitative point of view, the chondrocytes within both LAGG and LAGG-HAGG formulations and osteoblasts within LAGG-HAp 5% and LAGG-HAp 20%, presented green fluorescence. The green signal is indicative of viable cells. The bone-like layer formulations, Fig. 4D, with osteoblasts embedded, showed a higher level of background in red due to the presence of HAp particles, which stain for red. Nevertheless, the viability indicator can be confirmed by DNA quantification. In Fig. 4E, chondrocytes present a significantly higher cell number for LAGG formulation than LAGG-HAGG, both at 3 days and 7 days of the culturing period. Regarding DNA quantification for BHC resembling bone-like layer, Fig. 4F presents LAGG-HAp 20% with a significant higher proliferative rate than LAGG-HAp 5%, at both time points 3 days and 7 days. Yet, both formulations presented a significant increase in cell number from day 3 to day 7.

The outcomes from cytotoxicity screening and the functional evaluation with OC-derived cells bring the formulation LAGG/LAGG-HAp 20% upfront to be used in further acellular *in-vivo* subcutaneous implantation and orthotopic rabbit's knee model.

3.5. In-vivo performance

3.5.1. Mice's subcutaneous implantation

The *in-vivo* biocompatibility of the BHC (LAGG/LAGG-HAp 20%) was evaluated by subcutaneous implantation in mice's dorsum. The

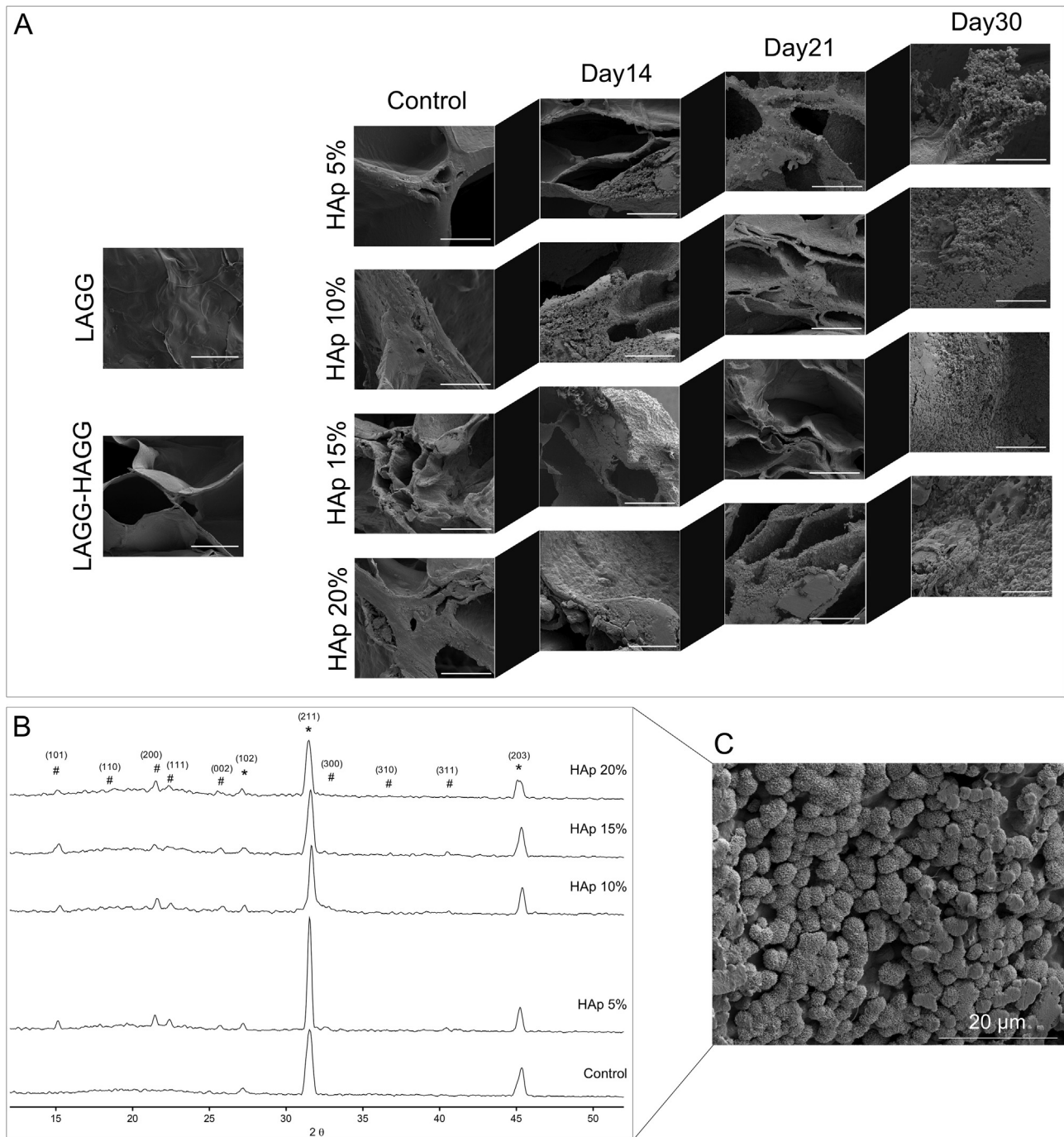


Fig. 3. Bioactive ability of the BHC to induce apatite-like bone. SEM photomicrograph (A) after immersion of BHC in SBF immersion at different time points (0, 14, 21 and 30 days) showing the two different layers, cartilage-like and bone-like layer. Scale bar represents 100 μm . XRD patterns of BHC of bone-like layer formulations (B) at day 30 of immersion in SBF, and representative SEM image (C) of apatite deposition at day 30.

BHC were explanted for macroscopic and histologic evaluation after 2 weeks and 4 weeks post-implantation. At 2 weeks post implantation (Fig. 5A), it was observed that a thin fibrous capsule formed around the BHC. At 4 weeks post implantation (Fig. 5B), a denser fibrous capsule formed totally enclosing the BHC. At 2 weeks and 4 weeks post implantation, the tissue was retrieved and processed for H&E (Fig. 5A.i & iii and B.i & iii) and MT (Fig. 5A.ii & iv and B.ii & iv) staining. At 2 weeks and 4 weeks post implantation, histological images showed the natural tissue surrounding the BHC with good integration. At 4 weeks post implantation some cell infiltration were seen in the bone-like layer (arrows in Fig. 5B.i & ii). The

circular areas in the bone-like layers indicate topography of the hydrogel with HAp incorporation. In comparison with cartilage-like layer which presented a smooth topography, bone-like layer presented rougher topography with HAp particles embedded.

3.5.2. Orthotopic rabbit's knee model

The potential of the BHC to repair OC defects was evaluated by their implantation in an orthotopic knee defect in rabbits. Two critical size defects were induced per knee, anterior and posterior with 5 mm diameter and 6 mm depth as shown in Fig. 6A.

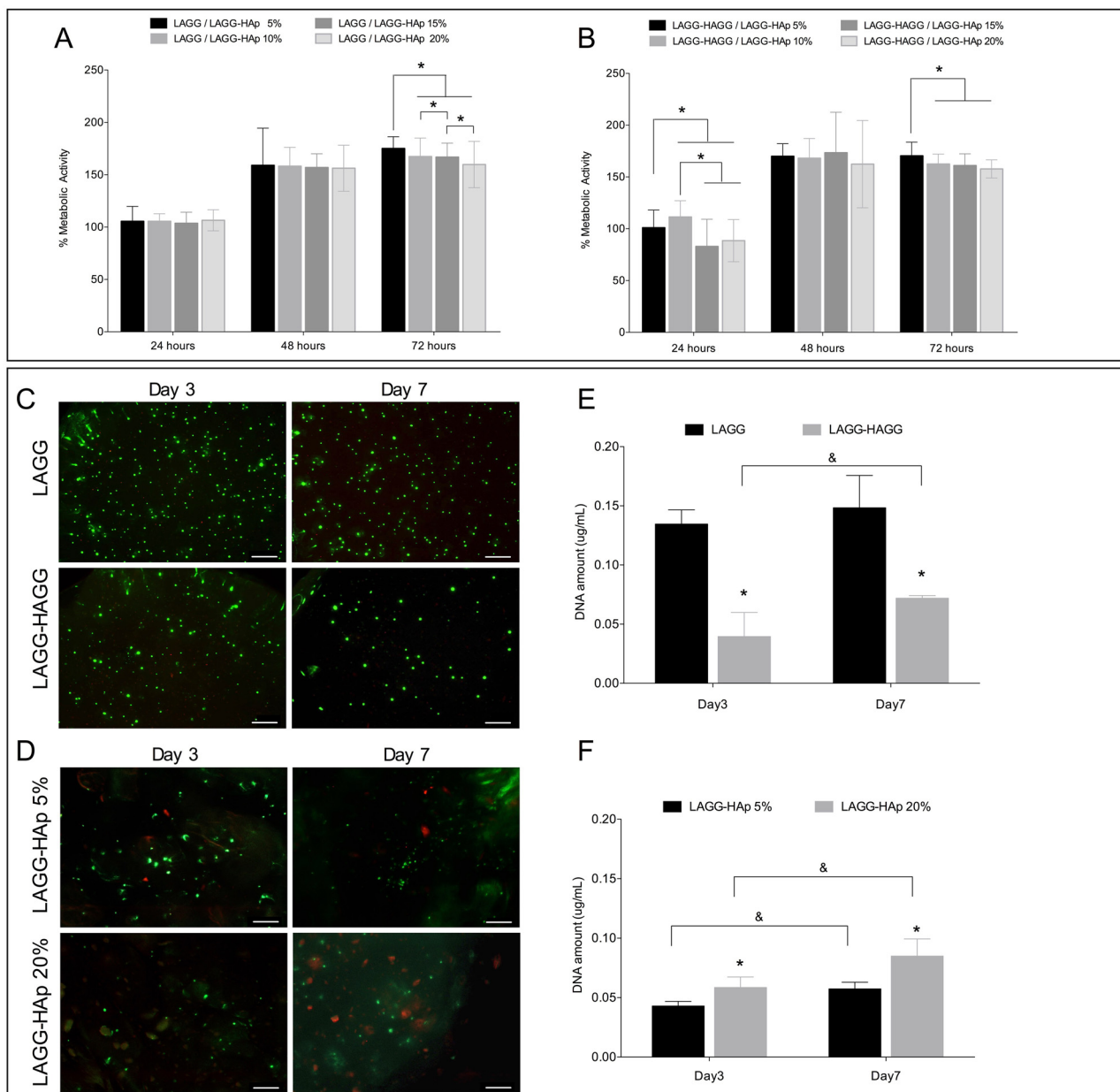


Fig. 4. *In-vitro* screening of cytotoxicity of BHC. Metabolic activity of L929 exposed to LAGG/LAGG-HAp and LAGG-HAGG/LAGG-HAp extracts (A and B) respectively, for a period of 72 h. (*) Indicates a significant difference between groups for the same time point ($p < 0.05$). Live/dead staining by Calcein AM/PI, of chondrocytes within LAGG and LAGG-HAGG (C) and osteoblasts within LAGG-HAp 5% and 20% (D). OC-derived cells were cultured for 7 days. Scale bar represents 200 μm . Proliferation of the embedded chondrocytes (E) and osteoblasts (F) within respective formulations up to 7 days. (*) Indicates a significant difference between groups for the same time point and (&) indicates a significant difference between time points for the same formulation ($p < 0.05$).

The explanted knees (Supplementary information, Fig. S2) were analysed by Viva-CT. Representative Viva-CT images (Fig. 6B and C) of rabbit's knee showed subchondral bone ingrowth at the bottom domain (red) and cartilage repair at the top surface (green). The red signal was more pronounced in the BHC group (Fig. 6C) than in the control group (Fig. 6B). From Viva-CT data, the newly formed subchondral bone appears to be co-localised (red) with the bone-like layer in the BHC (Fig. 6C). The control group did not show any subchondral bone and a weak green signal (cartilage-like) was seen on the top surface (Fig. 6B). In the other hand, for the BHC group an intensely green colour in the top surface (cartilage-like) and red colour at the bottom of the BHC (bone-like layer) is clearly evident.

Histological examinations (H&E, MT and Saf. O) confirmed the formation of cartilage-like and underlying bone-like tissue. Fig. 6D and E shows representative histological images 4 weeks post-surgery. For the Control group (Fig. 6D), neither cartilage as a uniform tissue or subchondral bone formation was seen in histological images. Moreover, there is no specific architecture of the newly formed tissue. It presents only loose tissue formation without any organisation and fulfilling the site defect from top to bottom (Fig. 6D). In Saf. O images at higher magnification (Fig. 6D.iv and D.v) is clearly seen the formation of loose tissue in both, cartilage-like and bone-like layers. The fissure within the defect presented loose tissue and is seen in all staining (H&E and MT). Although the defect was filled with tissue, the newly formed tissue

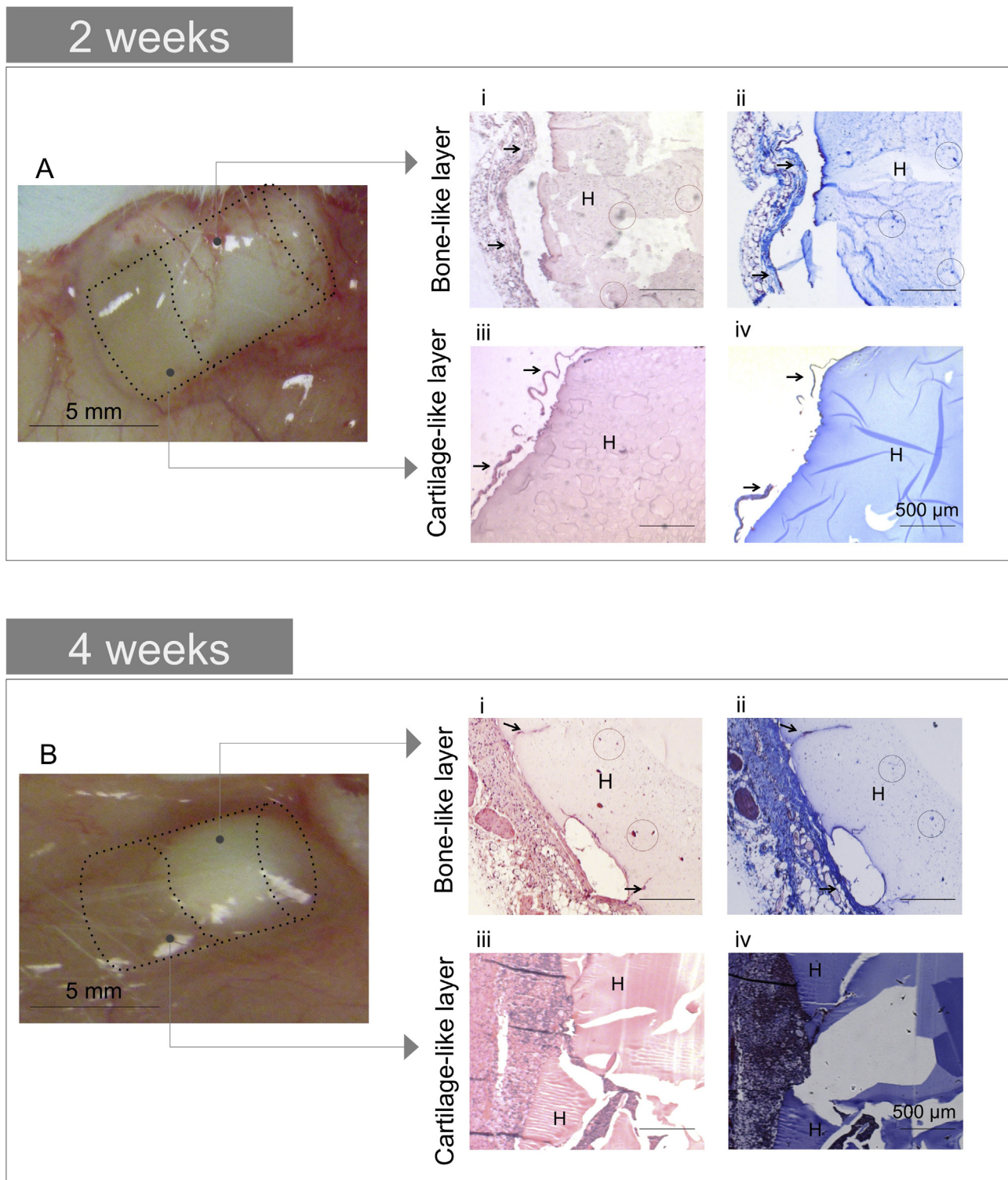


Fig. 5. Macroscopic images of the explants after implantation of BHC in the dorsum of the mice for 2 weeks (A) and 4 weeks (B). Representative histological sections of explant sections obtained after 2 weeks (A.i–A.iv) and 4 weeks (B.i–B.iv) of BHC subcutaneous implantation (LAGG/LAGG-HAp 20%). Sections were stained with H&E (A.i, A.iii, B.i and B.iii) and MT (A.ii, A.iv, B.ii and B.iv). Abbreviations: H: hydrogel.

appears irregular with a disorganised structure for both cartilage (Fig. 6D.iv) and bone (Fig. 6D.v) regions. The cell arrangement in the new cartilage is more irregular than that in surrounding cartilage.

With regards to the BHC group, Fig. 6E revealed new tissue formed on the top surface gradually covering the surface of the defect with an intense pink colour on the edges (Fig. 6E.iv). The cartilage tissue on the surface covers only the top (Fig. 6E.ii), unlike the

control group where cartilage ingrowth was seen inside of the site defect. The BHC group showed tissue-containing cells (Fig. 6E.iv) forming new cartilaginous tissue, yet restricted to the top layer in the surface. No signs of inflammation were seen in any of the explants and no collapse of adjacent tissues was noted in BHC group. 4 weeks after, the implanted BHC were partially degraded with some fragments retained in the defect site (indicated by *)

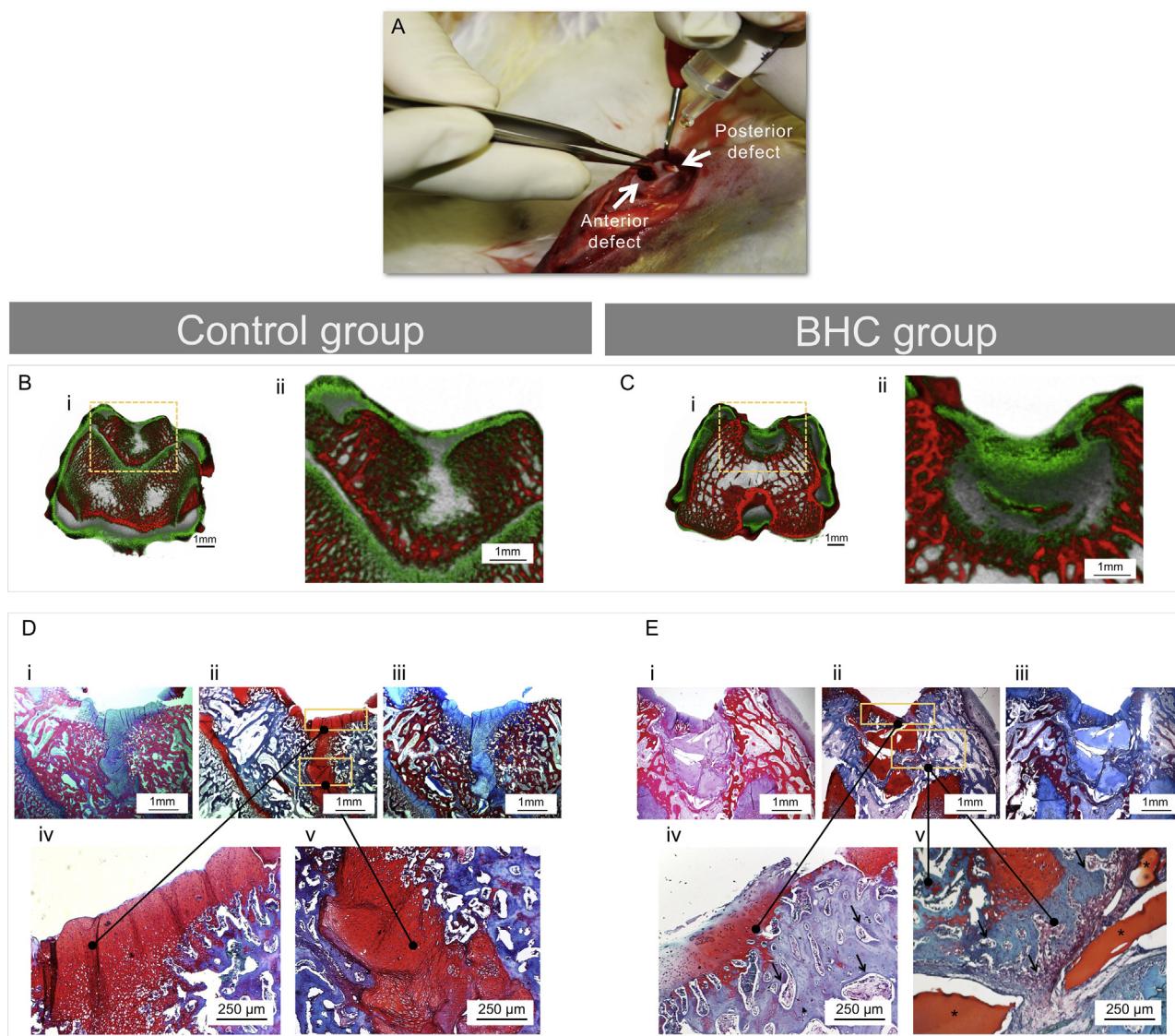


Fig. 6. Osteochondral orthotopic defect in the New Zealand White rabbit's knee in patellofemoral groove surface and *in-situ* injection of BHC into the defect region. (A) Two defects, anterior and posterior, with diameter = 5 mm and depth = 6 mm were created. Viva-CT micrographs of the explanted rabbit's knees at 4 weeks after surgery for Control group (B) and BHC group (C). 3D explant images showing hard tissue (bone-like tissue & HAp, red colour) and soft tissue (cartilage-like tissue & hydrogel, green colour). Representative histological sections of osteochondral tissue formation 4 weeks after surgery for the Control group (D) and the BHC group (E). Sections were stained with H&E (D.i and E.i), Saf-O (D.ii and E.ii) and MT (D.iii and E.iii). Saf-O images with higher magnification for the Control group (D.iv and D.v) indicate a thick fibrous cartilage-layer (D.iv) with a discontinuity in morphology compared to adjacent host cartilage tissue. Dissimilar subchondral bone morphology (D.v) with large volume of loose tissue infiltration seen within a fissure extending from the cartilage to the subchondral region. Saf-O images with higher magnification for the BHC group indicate smooth-like cartilage morphology in the cartilage region (E.iv) and partially degraded hydrogel (indicated by *) remaining in the defect site co-localised with woven bone islets in the subchondral region (E.v).

yet well integrated with the adjacent tissues and with some cell infiltration and tissue forming in the subchondral region (Fig. 6E.v).

4. Discussion

An optimal functional construct with accurate physical, structural and biochemical cues will distinctly regenerate cartilage and bone in an OC defect. Recently, a large number of multiphasic/multilayered systems have followed a multi-directional biomimetic design to offer alternatives or to improve existing osteochondral (OC) substitutes [18,35,36]. The use of hydrogels is a very interesting approach since they are capable of mimicking the 3D natural tissue environment while filling the critical size defect [37–39]. Moreover, their similarity to natural ECM in terms of water-content, biodegradability and viscosity has been considered an advantage in tissue engineering strategies [40].

The present work aimed to develop bilayered hydrogel composites (BHC) based on previous work done in the group [20,36,41]. Herein, the designed BHC presented a very promising architecture and a biomimetic area restricted to the bone region. The proposed BHC presented good mechanical properties analogous to those of the OC tissues. Our study exploited a number of potential advantages in using GG-based biomaterials such as the unique viscoelastic property and injectability [42,43]. In addition, GG gelation occurs in cations presence which allows the tailoring of GG mechanical strength, elasticity, and degradation rate.

The simultaneous regeneration of cartilage and bone without functionally compromising any of the two dissimilar tissues are totally reliant on the multi-layered system's cohesion and functional integration [18,19]. Because the BHC design is the kernel of any OCTE, the construct possessed distinct regions for the formation of different functional tissues that were assembled together.

Therefore, an interfacial region was formed and that was capable of combining and integrating both materials in a single stable unit. Moreover, the stability of such an interface was evaluated when subjected to dynamic mechanical analysis up to 10 Hz and did not undergo any break or form crevices afterwards.

OC-repairing hydrogel composites were not designed to perfectly match the mechanical properties of the tissue to be repaired but rather to serve as a temporary structure for new tissue formation [44]. The BHC constructs showed an improvement in the mechanical properties over those in previous work [43,45] enabled by the assemble of the bilayered construct and by the HAp incorporation within the bone-like layer. HAp incorporation result in more suitable BHC to be applied as OC substitutes with better mechanical properties. GG-based hydrogels being exceptionally stable under physiological fluids due to the presence of ions did not present significant weight loss after 30 days immersion in PBS. Moreover, in the human body the presence of ions in the natural fluids, particularly calcium, can easily induce GG mechanical changes which in turn yield a higher GG crosslinking degree and thus higher E' [46]. The reinforcement of the bone-like layer with a ceramic compound such as HAp stimulated the mineral formation by its nucleating capacity. HAp is the main inorganic component in calcified hard tissues present in 65% in the interface region and 86% in the subchondral bone [47,48]. Thus, BHC with HAp restricted to the bone-like layer was strategically conceived to induce formation of CaP in the form of apatite as demonstrated by incubation in SBF [49,50]. However, it is crucial that the cartilage-like layer does not present a bioactive behavior, as this would compromise the regeneration of functional cartilage. Cartilage-like layers, LAGG or LAGG-HAGG, did not induce apatite formation on their surfaces in SBF immersion up to 30 days. In contrast, mineral deposits were further confirmed in the bone-like layer of the BHC as apatite-like structures. XRD patterns provided direct insights into mineral formation as a result of bioactive HAp incorporation. Hence, carboxyl group-containing organic polymers were able to induce apatite in SBF solution in the four different layers targeting bone-like layer (5, 10, 15 and 20%).

In respect to the cell studies, a first screening of possible toxic chemicals within BHC that could harm the cells was carried out and showed no deleterious effect over L929 cells. All cells cultured on BHC showed significantly increased metabolic activity over time. The statistical significances between groups are absolutely negligible as metabolic activity is very high (percentage calculated in relation to negative control). Afterwards, primary OC-derived were isolated and cells were embedded within each respective formulation; specifically rabbit's chondrocytes and osteoblasts, within cartilage-like and bone-like layers, respectively. Both type of cells were viable up to 7 days within the respective formulations. Cell proliferation was seen for the majority of the formulations. Specifically for the cartilage-like layer, LAGG presented a significantly higher number of cells whilst for bone-like layer the formulation LAGG-HAp 20% presented a significantly higher number of cells, up to 7 days in culture. Therefore, LAGG and LAGG-HAp 20% were chosen as the best formulations that were able to maintain viability and allowed proliferation over time.

To ascertain the *in-vivo* biocompatibility of BHC, subcutaneous implantation was performed in nude mice. Despite the total integrity of BHC 2 weeks after subcutaneous implantation, minimum foreign body reaction was induced. After 4 weeks, BCH still remained in the site defect and the slow degradability of BHC is in line with the physico-chemical and mechanical evaluation. This suggests the superior *in-vivo* performance of BHC for balanced degradation while neo-tissue formation takes place and for the maintenance of mechanical forces. New-tissue formation and BHC degradation must act synergistically in a balanced manner prompting cell function and ECM formation. Newly formed

connective tissue was clearly seen surrounding the periphery of the BCH with some cell infiltration in the bone-like layer 4 weeks after implantation.

The ultimate objective of this study was to determine whether the acellular BHC would be feasible for OC tissue regeneration. Commercially available MaioRegen[®] is a collagen I/nanohydroxyapatite scaffold used in OC defects to mimic chondral and OC anatomy, respectively. Besides showing trabecular bone ingrowth and fibrocartilaginous tissue formation about, there are reports of problems with fixation due to the exacerbated aggravated swelling when it is in contact with blood [51]. The BHC herein developed stands out as they benefit from their *in-situ* viscous injection and further *in-vivo* ionic gelation. Besides, their good resistance to degradation and retention of mechanical strength when subjected to *in-vivo* mechanical loading better supports cartilage formation. To monitor the cartilage and bone formation, Viva-CT and histological examination were performed 4 weeks post implantation. The BHC were well integrated with the OC surrounding tissues within the site defect. It was hypothesised that BHC implantation would result in bone and cartilage-like formation and would act synergistically to improve OC tissue regeneration. The grey colour displayed in the Control group showed the presence of the fissure which pertains to the critical defect induced in the rabbit's knee. No red signal (hard or bone-like tissue) was found in the Control group. In the BHC group, new bone formation was evidenced by the red signal at the bottom region in the Viva-CT images. Same images display an upper green region which refers either to cartilage-like or partially degraded hydrogel. Histological data demonstrated the presence of the loose tissue clearly seen in the Control group thorough the critical defect, top to bottom. The occurrence of vertical fissures from top to in-depth subchondral region in the Control group has been reported in the literature by Shapiro et al. [52] as a unique characteristic of cartilage degeneration. Therefore, cartilage fibrillation, proteoglycans loss and cell death lead to defective tissue formation without the capability for subsequent repair [35,53]. The BHC group showed in the bottom part of the site defect newly formed subchondral bone with the presence of obvious bony islets in the subchondral region. Even with the reduced bone-tissue formation 4 weeks after implantation, the existence of woven bone islets in subchondral bone is a phenomenon commonly seen in early bone repair and is critical for fixing the implant [51,54]. The new bone ingrowth is restricted to the bone-like layer co-localised with the LAGG-HAp 20%. Even 4 weeks after implantation, some material was not fully degraded although it may play a crucial role in providing mechanical support for cartilaginous tissue formation on the top surface of the defect.

Tissue-containing chondrocytes in the top layer was indicated by the intense signals of proteoglycan production. Although, neo-cartilage tissue and subchondral bone newly formed at the implant site were well integrated within surrounding tissues, what was often observed in the subchondral region was some tissue infiltration with partially degraded hydrogel. Bone-like tissue infiltration started from the defect margins towards the centre. Therefore, LAGG-HAp 20% seems to be biomimetic of subchondral tissue prompting new bone formation. In summary, at 4 weeks post-implantation, the BHC group showed better cartilage-like and bone-like tissue formation than that in the Control group. Additionally, BHC had direct bonding with host tissues, cartilage and bone. Therefore, the newly formed cartilage and the yet scarce bone formation were very similar to the native tissues. The well-integrated BHC structure within the surrounding tissues improved the OC repair thanks to the high mechanical strength of the BHC which supported new tissue formation while facilitating BHC fixation and integration.

The combination of multilayered constructs, such as BHC, with biomimetics (*i.e.* cells, growth factors, drugs etc.) seems a very

promising strategy for facilitating regeneration of complex tissues. OC regeneration also benefits when using of a variety number of soluble cues which can target specific pathways involved in the OC regeneration [55,56]. Therefore, our findings are consistent with those of Frenkel et al. [57] as used for biphasic scaffolds: HA-Chitosan or Collagen type I as cartilaginous layer and PDLA-HAP as osteogenic layer, without any biotic element to repair rabbit's OC defects. The bilayered scaffold was fully degraded 24 weeks after implantation and OC tissue repair was achieved. A similar study which investigated the benefit of presence/absence of biotic elements, either cells or biomolecules, in biphasic constructs was reported by Sosio et al. [58] Another study developed by Deng et al. [59] reported the simultaneous regeneration of both tissues, cartilage and subchondral bone, with bioactive ion-scaffolds with synergistic effects for OC regeneration. Biphasic acellular systems showed superior regeneration of OC defects. However, we critically discuss here the need for increasing time implantation up to 4 weeks. Long-term *in-vivo* studies need to be undertaken to confirm the functional hyaline cartilage formation and the effective bone-tissue formation [56]. In line with our suggestion, Li et al. [35] reported that both acellular and cellular bilayered constructs were able to indistinguishable bond to the surrounding tissues, after 12 weeks *post*-implantation. The defect site presented similar morphology for both groups, acellular and cellular construct, with extensive chondrogenesis and osteogenesis.

5. Conclusion

The acellular bilayered hydrogel composites (BHC) were designed and fabricated presenting an interconnected hierarchical structure composed of a chondral and subchondral bone-like layer with integration of both. The superior mechanical strength of the BHC derives from their unique design. GG-based layers and reinforcement of the bone-like layer with the finest ceramic (HAP) creates a resilient bilayered construct with an interfacial region capable not only of integrating dissimilar zones but also of providing good stability over degradation. Additionally, BHC were biomimetic towards bone formation. When subjected to *in-situ* mechanical loading in OC living tissue, the BHC will be capable of bearing a temporary load while neo-tissue was formed. The non-toxicity as well as good tissue compatibility brings an opportunity to create cell-laden constructs as a robust system for OC regeneration. When subcutaneously implanted in mice, BHC induces a weak foreign body reaction. BHC can be seen as promising constructs to regenerate defective OC tissues. Indeed, BHC showed good integration with surrounding tissues, supporting cartilage and bone-like tissue formation, 4 weeks after implantation in orthotopic knee model. In summary, this study demonstrates the feasibility of the BHC as OC substitutes with unique features to be exploited for OC regeneration. Combinatorial approaches by the use of biotic factors are certainly foreseen. Bone marrow technique and incorporation of sustained release factors can generate justifiable interest in creating acellular multifactorial constructs.

Conflict of interest statement

The authors declare that there is no conflict of interests regarding the publication of this paper.

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Appendix A. Supplementary data

Supplementary data associated with this article can be found, in the online version, at [doi:10.1016/j.apmt.2018.06.005](https://doi.org/10.1016/j.apmt.2018.06.005).

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